

FLAVORS OF THE MEDITERRANEAN

Give the flavors of the Mediterranean with these essential Italian ingredients



Flavors of the Mediterranean Basket includes:

Cold Pressed Extra Virgin Olive Oil

Sardinia's unique olive varieties are pressed without added heat ensuring the true olive flavor

**Ef시오's Sweet Myrtle & Bitter Honey Cookbook
Riso Roma Superfino**

This extra fine rice is extremely versatile and a great choice for any rice dish

Fregula

This small granular pasta is toasted twice for its unique nutty flavor

Flavors of the Mediterranean Basket	\$75.00
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All GourmetSardinia gifts come with recipe cards & a personalized enclosure.

Custom baskets in all price ranges...mix and match products, add an apron or other gift!

Add an autographed copy of Ef시오 Farris's new cookbook, *Sweet Myrtle, Bitter Honey*

Since 1988, restaurateur Ef시오 Farris has been representing his Sardinian heritage in America with his restaurants Arcodoro & Pomodoro. The rustic and traditional cuisine rich in the flavors and textures of this timeless island has influenced Ef시오 since the days in his grandmother's kitchen. Ef시오 is proud to usher in a new era of these traditions with his line of authentic Sardinian products. Let Ef시오 transplant a little Sardinia in to your home...

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