

Give the tasteful gift
of Sardinia...



GourmetSardinia™
TRADITIONAL SARDINIAN PRODUCTS
WWW.GOURMETSARDINIA.COM

CICCIONEDDAS

Gourmet Italian cookies



A bag of individually wrapped, delicious gourmet Italian cookies baked by the Rau Arte Dolciaria in Sardinia, Italy. Your choice of flavors.

Amaretti	\$12.00
Cherry	\$12.00
Hazelnut	\$12.00
Apricot	\$12.00

All GourmetSardinia gifts come with recipe cards & a personalized enclosure.

Custom baskets in all price ranges...mix and match products, add an apron or other gift!

Add an autographed copy of Efsio Farris's new cookbook, *Sweet Myrtle, Bitter Honey*

Since 1988, restaurateur Efsio Farris has been representing his Sardinian heritage in America with his restaurants Arcodoro & Pomodoro. The rustic and traditional cuisine rich in the flavors and textures of this timeless island has influenced Efsio since the days in his grandmother's kitchen. Efsio is proud to usher in a new era of these traditions with his line of authentic Sardinian products. Let Efsio transplant a little Sardinia in to your home...

GourmetSardinia, Co ~ 7051 Portwest Dr Suite 100 ~ Houston, Texas 77024 ~ 713-621-6858 ~ www.gourmetsardinia.com

PANE CARASAU

Sardinian music bread



Pane Carasau

Pane Carasau is the essence of Efsio's Sardinian kitchen. On their journeys to the mountains, shepherds of old would pack pane carasau, baked to an absolute crisp for extended storage, for sustenance. They ate the bread with sheep's cheese, a little olive oil or often by itself. Sardinian music bread toasted twice to an absolute crisp, its long shelf life will keep your bread basket full

Pane Carasau

\$15.00

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OLIO DUETTO

*A duet of GourmetSardinia's best selling extra virgin olive oils will make a great gift for any foodie!
With a carrying handle and a raffia bow this gift is ready for the taking.*



Olio Duetto A Contains:

Cold Pressed Extra Virgin Olive Oil

Sardinia's unique olive varietals are pressed without added heat ensuring the true olive flavor

Organic Extra Virgin Olive Oil

This single orchard oil from native varietals was recognized as "Best Organic Oil"

Olio Duetto B Contains:

Fruttato Extra Virgin Olive Oil

Best enjoyed crudo (raw), fruttato's intense flavor and buttery texture will enhance any dish

Sardinia's unique olive varietals are pressed without added heat ensuring the true olive flavor

Olio Duetto	\$30.00
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PANETTONE

A Sweet and Delicious Holiday cake



A sweet and delicious Holiday cake baked in Sardinia, Italy. Goes great with coffee, champagne, or by itself. Enjoy the traditional flavor with almonds, or the GourmetSardinia exclusive panettone with myrtle.

Traditional with Almonds	\$35
Myrtle Flavored	\$35

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Introducing Efisio Farris's Sardinian Cookbook Stories & Recipes from Italy's Timeless Island

More than 125 recipes...
plus personal reflections, travel information and product guides



SWEET MYRTLE & BITTER HONEY

The Mediterranean Flavors of Sardinia

By Efisio Farris with Jim Eber

(Published by Rizzoli International Publications / October 2007)

\$39.99

"When it comes to Italian cooking, few books capture the soul and spirit of a region as this one does. Efisio Farris takes you on a culinary journey through his island home, exploring its ancient rhythms and unique lifestyle. It's a simply enchanting read but also a delicious invitation to discover this little-known gastronomic culture."

-- Mario Batali

"Efisio Farris honors his Sardinian heritage in this charming collection of family recipes that includes many lesser-known dishes. Each page communicates his passion for the flavors of this wonderful island. Thank you, Efisio."

-- Giuliano Bugialli

"Sardinian food and wine could not have a better advocate than Efisio Farris. His love of his native land's cooking is evident on every page, and his new, well-named book will open readers to one of the Mediterranean's most savory cuisines and food cultures."

-- John Mariani, *Esquire Magazine* and author of *The Dictionary of American Food & Drink*

Since 1988, restaurateur Efisio Farris has been representing his Sardinian heritage in America with his restaurants Arcodoro & Pomodoro. The rustic and traditional cuisine rich in the flavors and textures of this timeless island has influenced Efisio since the days in his grandmother's kitchen. Efisio is proud to usher in a new era of these traditions with his line of authentic Sardinian products. Let Efisio transplant a little Sardinia in to your home...

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SARDINIAN SAMPLER

This great starter basket will bring a little of Sardinia into your cooking



Sardinian Sampler Basket Contains:

Sardinian Sampler Basket	\$40.00
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Cold Pressed Extra Virgin Olive Oil

Sardinia's unique olive varieties are pressed without added heat ensuring the true olive flavor

Malloreddus Sardi

Durum semolina teardrop-shaped pasta with distinctive ridges, a trademark of Sardinian primi piatti

Riso Roma Superfino

This extra fine rice is extremely versatile and a great choice for any rice dish

All GourmetSardinia gifts come with recipe cards & a personalized enclosure.

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TREASURE TOTE

Give the culinary jewels of this Mediterranean island



Treasure Tote Contains:

Treasure Tote	\$50.00
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Bottarga

Salted, pressed and dried grey mullet roe is finely grated – a small amount will impart a world of flavor

Saba

This concentrated reduction of Sardinian grape must is the most versatile sauce in your kitchen

Miele Amaro

Rare bitter honey, highly prized even in Sardinia, this liquid gold will enhance both sweet & savory dishes

All GourmetSardinia gifts come with recipe cards & a personalized enclosure.

Custom baskets in all price ranges...mix and match products, add an apron or other gift!

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SARDINIAN STARTER SET

This handy trio of Sardinian sauces & honey will transport you to this exotic island.



Sardinian Starter Set Contains:

Saba

This concentrated reduction of Sardinian grape must is the most versatile sauce in your kitchen

Miele Amaro

Rare bitter honey, highly prized even in Sardinia, this liquid gold will enhance both sweet & savory dishes

Abbamele

An ancient product of Sardinian gastronomy, this honey & pollen reduction is as healthy as it is delicious

Sardinian Starter Set \$50.00

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WINE SAMPLER



Wine Sampler:

Serenu

Dry and slightly bittersweet, Serenu's delicate perfume of wildberries makes it an excellent pairing for shellfish or seafood or as an aperitif at your next gathering

Fidatu

Well balanced and dry with a fruity perfume, Fidatu pairs well with meats and game but also stands well on its own

Wine Sampler \$65.00

All GourmetSardinia gifts come with recipe cards & a personalized enclosure.

Custom baskets in all price ranges...mix and match products, add an apron or other gift!

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FLAVORS OF THE MEDITERRANEAN

Give the flavors of the Mediterranean with these essential Italian ingredients



Flavors of the Mediterranean Basket:

Organic Extra Virgin Olive Oil

This single orchard oil from native varieties was recognized as "Best Organic Oil"

Pane Carasau

Sardinian music bread toasted twice to an absolute crisp, its long shelf life will keep your bread basket full

Riso Roma Superfino

This extra fine rice is extremely versatile and a great choice for any rice dish

Mosto d'Uva

A single vineyard Carignano grape sauce which will replace balsamic vinegar in your pantry dish

Flavors of the Mediterranean Basket	\$65.00
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All GourmetSardinia gifts come with recipe cards & a personalized enclosure.

Custom baskets in all price ranges...mix and match products, add an apron or other gift!

Add an autographed copy of Efsio Farris's new cookbook, *Sweet Myrtle, Bitter Honey*

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ITALIAN GOURMET

From pasta to bread, olive oil to wine – everything you need for authentic Italian cuisine



Italian Gourmet Basket:

Cold Pressed Extra Virgin Olive Oil

Sardinia's unique olive varieties are pressed without added heat ensuring the true olive flavor

Abbamele

An ancient product of Sardinian gastronomy, this honey & pollen reduction is as healthy as it is delicious

Pane Carasau

Sardinian music bread toasted twice to an absolute crisp, its long shelf life will keep your bread basket full

Malloreddus Sardi

Durum semolina teardrop-shaped pasta with distinctive ridges, a trademark of Sardinian primi piatti

Riso Roma Superfino

This extra fine rice is extremely versatile and a great choice for any rice dish

Serenu (White)

Dry and slightly bittersweet, Serenu's delicate perfume of wildberries makes it an excellent pairing for shellfish or seafood or as an aperitif at your next gathering

or

Fidatu (Red)

Well balanced and dry with a fruity perfume, Fidatu pairs well with meats and game but also stands well on its own

**Italian Gourmet
Basket**
\$100.00

All GourmetSardinia gifts come with recipe cards & a personalized enclosure.

Custom baskets in all price ranges...mix and match products, add an apron or other gift!

Add an autographed copy of Efsio Farris's new cookbook, *Sweet Myrtle, Bitter Honey*

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AGRO E DOLCE

Sweet and savory



Agro e Dolce	\$150.00
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Fruttato Extra Virgin Olive Oil

Best enjoyed crudo (raw), fruttato's intense flavor and buttery texture will enhance any dish

Pane Carasau

Sardinian music bread toasted twice to an absolute crisp, its long shelf life will keep your bread basket full

Saba

This concentrated reduction of Sardinian grape must is the most versatile sauce in your kitchen

Panettone

A Sweet and Delicious Holiday Bread baked in Sardinia, Italy.

Ciccioneddas

A bag of individually wrapped, delicious gourmet Italian cookies baked by the Ran Arte Dolciaria in Sardinia, Italy.

Efix

This intense yet delicate sparkling wine is made from Vermentino grapes picked early to preserve their crisp flavors and to capture the essence of the rich earth of the Costa Smeralda countryside

All GourmetSardinia gifts come with recipe cards & a personalized enclosure.

Custom baskets in all price ranges...mix and match products, add an apron or other gift!

Add an autographed copy of Efsio Farris's new cookbook, *Sweet Myrtle, Bitter Honey*

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ULTIMATE CUCINA

Experience the timeless cuisine of Sardinia with this ultimate collection of bread, sauces, pastas, rice, oils and wines



Fruttato Extra Virgin Olive Oil- *Best enjoyed crudo (raw), fruttato's intense flavor and buttery texture will enhance any dish*

Organic Extra Virgin Olive Oil- *This single orchard oil from native varieties was recognized as "Best Organic Oil"*

Sweet Myrtle & Bitter Honey- *Chef Efsio Farris' award winning Sardinian cookbook*

Mosto d'Uva - *A single vineyard Carignano grape sauce which will replace balsamic vinegar in your pantry*

Pane Carasau- *Sardinian music bread toasted twice to an absolute crisp, its long shelf life will keep your bread basket full*

Malloreddus Sardi- *Durum semolina teardrop-shaped pasta with distinctive ridges, a trademark of Sardinian primi piatti*

Fregula- *This small granular pasta is toasted twice for its unique nutty flavor*

Abbamele- *An ancient product of Sardinian gastronomy, this honey & pollen reduction is as healthy as it is delicious*

Bottarga- *Salted, pressed and dried grey mullet roe is finely grated – a small amount will impart a world of flavor*

Panettone- *A Sweet and Delicious Holiday cake baked in Sardinia, Italy*

CiccioneDDas- *A bag of individually wrapped, delicious gourmet Italian cookies baked by the Rau Arte Dolciaria in Sardinia*

Efix- *This intense yet delicate sparkling wine is made from Vermentino grapes picked early to preserve their crisp flavors and to capture the essence of the rich earth of the Costa Smeralda countryside*

The Ultimate Cucina

Basket

\$250.00

Many options available to customize your baskets to your preference...

Personalize your basket with custom logo items from wine crates to aprons – call us to inquire!

All GourmetSardinia gifts come with recipe cards & a personalized enclosure.

Custom baskets in all price ranges...mix and match products, add an apron or other gift!

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